

# Hollywood Parenting



Take their word for it! Us presents the trends, gear and grub that have A-list moms and dads talking



At the heart of the 20-year movement popularized by pediatrician William Sears: fostering an emotional bond with a child, often through breast-feeding (think Gisele Bündchen), baby-wearing (Pink) and cosleeping (Kelly Preston).



**BABIATORS** 

Mariah Carey and Hilary Duff shield their tots' eyes from harmful UV rays with the sturdy, BPA-free plastic shades. And if they're lost or stolen? "We'll replace them for free," says cofounder Molly Fienning, (\$20, babiators.com)



CARRIER FACE-OFF

com), used by B

in an Ergoba



DIAPER DETOX

"They're made without toxic chem the Honest Company cofounder Jessica tells Us of the plant-based diapers in six delivered monthly to Jessica Simpson they're cute too!" (\$14 for up to 50, hones

### **EPIDURAL**

Delivery debate! After Miranda Kerr told U.K. Harper's Bazaar she refused the anesthetic so son Flynn wouldn't be born "drugged up," mom bloggers derided her for being "judgey" and engaging in "mumupmanship." Meanwhile, expectant Nicole "Snooki" Polizzi proudly tells Us, "I'm getting an epidural!"



Aguilera for accessorizing their little men in

### DR. JAY GORDON

The Santa Monica-based pediatrician of Suri Cruise and Evan Asher (mom is Jenny McCarthy) is thumbs-up on attachment parenting, thumbs-down on routine vaccinations. He wrote the intro to Mayim Bialik's parenting book, Beyond the Sling. (drjaygordon.com)

## HANGOUT

"They usually have to kick my brood out!" says Julie Bowen of the Coop, a play space in L.A.'s Studio City that hosted her twins' first birthday party. The draw: Kids can wreak havoc in a bouncy house, while parents (such as Isla Fisher and Liv Tyler) chill at the espresso bar. (thecoop-la.com)

It's the Chateau Marmont of kid spaces," says co-owner Lucinda Lent.



# **ISABELLA OLIVER**

A favorite of Reese Witherspoon, the U.K. maternity line specializes in flattering, solid-colored stretchjersey day dresses. (\$125-\$399, isabella oliver.com)

# JACKIE'S CLASS

"Get on the wait list at three insider of the 10-week Ba-

KNOT GENIE

"It comes in handy!" says mom of three Denise Richards of the palm-size groomer that employs various bristle lengths to unsnarl without tears. (\$20, knotgenie.com)